

Tina Turner on 80th Birthday: “I Look Great, I Feel Good” [VIDEO]

After battling several health problems over the years, Turner wants fans to know she feels she has been given second chance at life.

December 4, 2019 By Alicia Green

On November 26, Tina Turner celebrated her 80th birthday. She also shared a special video message with fans for her milestone birthday, [People](#) reports.

Posted on Turner’s official social media accounts, in the 32-second video, Turner acknowledges that she has lived for eight decades before expressing her thoughts on what she expected she’d be like at this age.

“Not like this,” she says. “How is this? Well, I look great, I feel good. I’ve gone through some very serious sicknesses that I’m overcoming. So it’s like having a second chance at life.”

To celebrate turning 80 years old, Tina has recorded a special birthday video message just for her fans.????

[#Tina80 pic.twitter.com/dUFEUawQ7r](#)

— TinaTurner (@LoveTinaTurner) [November 26, 2019](#)

In her 2018 memoir, *My Love Story*, Turner [revealed](#) that she suffered from several health problems, including a stroke, a kidney transplant and intestinal cancer. She discussed her health further with *Real Health* in the magazine’s [summer 2019](#) issue.

“When I was younger, I thought I would live forever,” Turner told *Real Health*. “I definitely took my health for granted. I didn’t ask many questions because I didn’t know what questions to ask....I’m much more knowledgeable today. Unfortunately, that information was hard-won.”

Turner said coming close to death is what motivated her to become educated about her kidneys

and all the other health issues she was experiencing.

"I'm very happy to be an 80-year-old woman," Turner says just before the video's conclusion.

Many other celebrities tweeted personal sentiments about "the Queen of Rock 'n' Roll," including Missy Elliot, Cher and Ringo Starr, all of whom sent Turner birthday shout-outs and well-wishes.

[@LoveTinaTurner](#) We Celebrate your 80th today! It's so IMPORTANT for us to KNOW OUR HISTORY in music because of artist like [#TinaTurner](#) who KICKED DOWN DOORS & left them open for artist like MYSELF & MOST of your FAVS????????????? WE ♥ YOU TINA
????????????????????? pic.twitter.com/OluFh1bLLJ
— Missy Elliott (@MissyElliott) [November 26, 2019](#)

HAPPY♥????♥BIRTHDAY [@LoveTinaTurner](#) MY AMAZING FRIEND.WE'VE BEEN THROUGH A LOT "MAGICAL ONE.I WILL ALWAYS LOVE YOU, YOU GIVE ME STRENGTH, YOU ARE A FORCE, A????HURRICANE, A ⚡LIGHTNING⚡STRIKE, A LEGEND?????????, AN ICON"????, YOU ARE MY HERO□????□,
YOU ARE MY FRIEND????
Fave Pic pic.twitter.com/eVpZ0e0fGu
— Cher (@cher) [November 26, 2019](#)

Ahead of Tina's birthday tomorrow, here's a message
[@ringostarmusic](#) recorded for Tina.

Celebrate Tina's 80th birthday and listen to her biggest
hits: <https://t.co/Fe8ADGkQOC>
[#Tina80](#) pic.twitter.com/inDxEtjeX1

— TinaTurner (@LoveTinaTurner) [November 25, 2019](#)

For related coverage, read "[Singer Gloria Gaynor Details the Dangerous Surgery She Endured to Beat Chronic Pain.](#)"

© 2026 Smart + Strong All Rights Reserved.

<http://beta.docker.celebhealth.com/article/tina-turner-80th-birthday-look-great-feel-good-video>